

AMENDMENTS TO THE ABSTRACT:

Please replace the Abstract with the following new Abstract:

ABSTRACT OF THE DISCLOSURE

Apparatus for enabling the alleviation of excess pressure created within a food package as a result of steam generation during cooking and more particularly microwave cooking, ~~said apparatus comprises~~ includes a product identification band ~~(10)~~, wrapping member ~~(10)~~ or label (10) which serve to encircle, partially encircle or wrap around a dish format container and/or to identify the contents of ~~said the~~ the container. ~~The~~ , the label being formed with a flap or valve through which pressure vents.